

# Pensans Community Primary School Newsletter

Spring Term One: Week Beginning 27. 1. 25



PENSANS CP SCHOOL  
Future ready - Ny veu kevs sew yans vyth



## Mrs Ambrose's Weekly Update

Dear Parents, Families and Friends,

Lots of lovely things to talk about this week!

I'm pleased to announce that we have appointed a new Nursery Room Leader to join our dedicated team in EYFS. We welcome Amy Vincent to Pensans School.

Our ARB children in Porthmeor had a fantastic time at Penzance Gym this afternoon- the joy on the children's faces was great to see 😊 photos below.

Our new weekly event 'Book & Bagel' in our reception class (on Friday mornings from 8.40am drop off time) is going from strength to strength with parents joining their children to enjoy reading together in a relaxed atmosphere with the bonus of toasted bagels!

Starting next week parents with younger siblings are invited to come to our 'Stay and Play' sessions every Thursday from 1.30pm-2.30pm.

After a very productive meeting at the Friends of Pensans School we are still encouraging more people to come and join in to help us with ideas for fundraising. They are a really friendly bunch and there's usually cake 🍰 watch out for the next meeting.

After a very windy start to the week it's lovely to see the sun come out for the weekend. Enjoy 😊

Mrs Niki Ambrose

# Class Stars of the Week

Cape	Arabella	For showing such kindness towards all her friends this week.
Godrevy	Emme	For always trying her best, following the school rules and showing great respect to her teachers and friends.
Gwithian	Summer	For following instructions with thought and care and being a super star!
Porthcurno	Lexi	For perseverance in swimming. Fantastic life-skill to learn, Lexi!
Porthmeor	Elijah	For showing so much enthusiasm in his learning and resilience in his first few weeks at Pensans!
Porthminster	Ronnie	For his in-depth knowledge in our geography lesson this week. You helped your classmates when they needed support with this subject.
Polzeath	Millie-Mae	For creating such inspiring artwork, trying new things with confidence, and bringing superstar energy to the classroom!
Sennen	Ruben Aiva	For making a real effort in his learning, especially writing. For her super artwork and pushing herself more in her writing.

## DATES FOR YOUR DIARY

**PARTNERSHIP FOR INCLUSION OF NEURODIVERSITY IN SCHOOLS**

**CORNWALL PINS CONFERENCE**  
5th February 2025 (online)

For staff members/parents/carers from schools taking part in the PINS project.

**10:00-10:15am - Welcome & Introduction**

**10:15-11.45am - Chris Bonnello (Autistic Not Weird)**  
"Lessons I wish I'd Learned Growing up Autistic"  
Chris Bonnello, Autistic advocate, speaker, author and former teacher, discusses valuable life lessons that he seeks to pass on to the next generation. Illustrated with insightful stories from personal experience and his off-the-wall humour, this is a talk for parents, young people and school staff alike who want to hear about living your best life as an autistic person.

**11:45-12:30pm - Break**

**12:30- 2pm - Autism Level UP!**  
"What's energy got to do with it? - Supporting Regulation"  
This workshop will introduce regulation supports developed by Autism Level UP! Participants will have opportunities to apply the tools and strategies presented with opportunities to consider the tools for autistic people they teach or with whom they work, live and/or play.

**2:15-2:45pm - Creative Education**  
"High Impact courses to transform young lives"  
Our platform has a mission to make schools and colleges a better place for young people to learn, by empowering their staff with new skills, innovative ideas, and greater confidence. Our training enables members to support the whole child, breaking down their key barriers to happiness, achievement and progression.

**VIA TEAMS (ONLINE)**  
WEDNESDAY 5TH FEB

<https://forms.office.com/e/y9fPCg3Pr5>

**BOOK BY 1ST FEB**

**ATTENTION**  
Ensure you sign up (even if you can't make the day) as only those signed up will have access to the recorded sessions.

## TERM DATES

### Spring Term One

Ends on Friday 14th February 3:10pm

### Spring Term Two

Starts Monday 24th February 8:40am

Ends Friday 4th April 3:10pm

### Summer Term One

Starts Tuesday 22nd April 8:40am

Ends Friday 23rd May 3:10pm

[BANK HOLIDAY MONDAY 5TH MAY](#)

[SATS WEEK BEGINNING 12TH MAY](#)

### Summer Term Two

Starts Monday 2nd June 8:40pm

Ends Friday 18th July 1:00pm

# Attendance

Our school target for attendance is 97%

Monday 27th January 2025 - Friday 31st January 2025

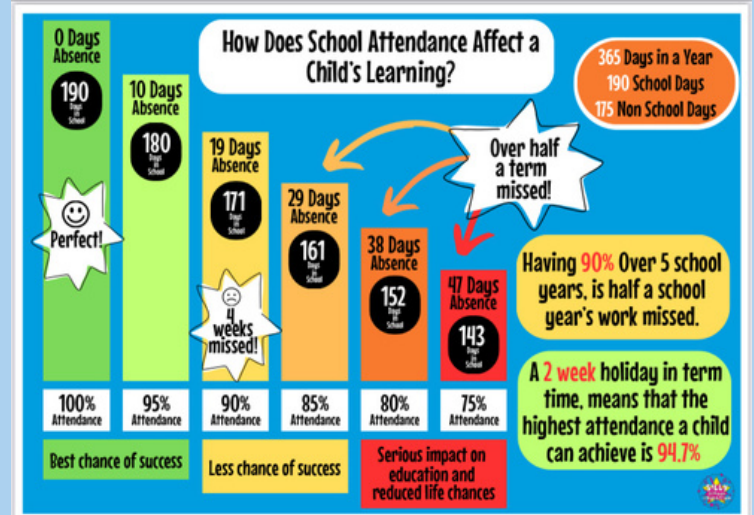
1st Place: Porthminster 96.67%

2nd Place: Godrevy 95.63%

3rd Place: Porthcurno 95.38%



Attendance Matters



## Breakfast Club

Breakfast Club is now open from 7:45am and costs £3.00 per session or £1.50 per session for Pupil Premium Children.

Any children who are on the school site unsupervised before 8:30am will join the Breakfast Club Children and you will be charged accordingly. This will happen to ensure that we are safeguarding all of your children.

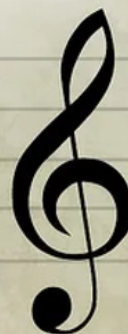
Thank you. Mrs. Pellow



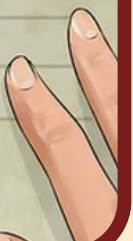
# Rockin' at Recorder playing in Porthcurno Class every Wednesday afternoon



## TREBLE CLEF:

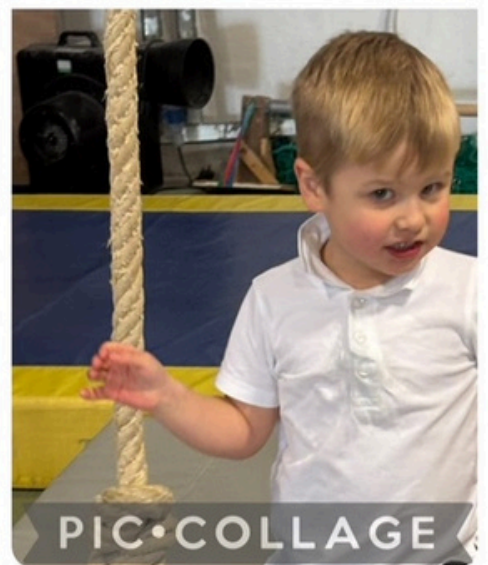


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Portherras fun at Penzance Gym



# COME AND PLAY

the Pensans way



**Do you have a 2 or 3 year old?**



**Come along to our come and play sessions every Thursday 1.30pm - 2.30pm in our nursery (term time only). Come prepared to have lots of fun indoors and outdoors. Bring your wellies and waterproofs or a change of clothes.**



This is open to all families, not just children on our waiting list. For more information call 01736 363627 or email [pensans@tpacademytrust.org](mailto:pensans@tpacademytrust.org). No need to book, just turn up.



# Online Safety Newsletter Feb 2025

## Messaging others

There are many ways in which our children can communicate online, for example via messaging apps, social media apps and online games such as FIFA and Fortnite. We need to understand how and who our children are communicating with to keep them safe online.

Ensure your child knows to talk to a trusted adult should they need to. However, remind them that it is not appropriate to contact teachers online, they should only use official school communication methods.

### What are the risks?

- Bullying and inappropriate chat.
- Contact from strangers.
- Sharing personal information including images.
- Sextortion - this is a form of extortion where somebody threatens to share a nude/sexual image of you.

### How can I mitigate the risks?

- Ensure your child is accessing age-appropriate apps/games and that appropriate parental controls are set up.
- Chat to your child about the risks so they are aware of what can happen online.
- Depending on the age of your child, it may be more appropriate for devices to be used in family rooms so you can monitor what they are doing.

### Further information

- <https://www.ceopeducation.co.uk/parents/Concerned-about-your-child/Online-contact-and-staying-safe/>
- <https://www.brightcanary.io/what-to-do-when-your-child-sends-inappropriate-texts/>

## Squid Game – rated 15+

Season 2 of Netflix's Squid Game is now available and has been rated 15 by the British Board of Film Classification (BBFC). You can find out why Squid Game has been rated 15 by visiting the BBFC: <https://www.bbfc.co.uk/release/squid-game-q29sbvjdglvbjpw01mzm3nda>.

Due to its popularity, Squid Game related content can be found on numerous other platforms such as YouTube, TikTok and Roblox, so your child may come across this show without even viewing it on Netflix. Content may range from trailers of the show or content that other people create such as memes and games.

### What can I do?

- **Parental Controls** - Set up appropriate parental controls on your broadband, devices and on individual apps to reduce access to content that is not appropriate for their age.
- **Talk** - Chat to your child about age ratings and why this means certain programmes are not suitable for them to watch.
- **Individual Profiles** - Set up child profiles on any streaming services to ensure your child is only viewing content appropriate to them.
- **Reporting** - Make sure your child knows how to report and block on all platforms that they use.
- **Explore** - Watch and explore things online together so you can see what your child is doing and how to support them.

### More information:

It is important to talk to your child regularly about what they are watching and ensure that they know they should always tell you or another trusted adult if they do see anything upsetting. You can find out more about the type of inappropriate content your child might come across online here: <https://www.internetmatters.org/issues/inappropriate-content/learn-about-it/>

## Should children have mobile phones?

The Children's Society explore this important question in their recent blog titled "Should children have mobile phones?" The article discusses concerns such as excessive screentime being linked with mental health issues as well as the benefits of a child friendly phone rather than a smart phone. You can read the full article here:

<https://www.childrensociety.org.uk/what-we-do/blogs/should-children-have-mobile-phones>

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date released 01.02.25.

## Snapchat

**What is Snapchat?**  
Snapchat is a social media app used for messaging and sharing photos and videos. You must be 13+ to sign up. Users can send messages (snaps) to others that are only seen for a set time e.g., 10 seconds and users can also upload snaps to stories, which disappear after 24 hours.



### Key Concerns

There are potential risks to using Snapchat, including:

- the risk of your child viewing content that is not appropriate for their age.
- location sharing (via Snap Map) (this can be switched off).
- cyberbullying.
- contact from strangers.
- excessive screen time.

### Family Centre features

Snapchat's Family Centre is a set of parental controls and includes tools such as allowing you to:

- see who your child is friends with.
- see who your child has sent messages (not the contents of conversations though), photos or videos to in the last week.
- view a list of group members for groups that your child has been active in.
- restrict content to limit access.
- report any accounts that you are concerned about.

You can learn more about Family Centre here:

<https://parents.snapchat.com/parental-controls?lang=en-GB>

### Safety tips

Please make sure the appropriate privacy settings are set up on Snapchat, including who can see their location and also ensure your child knows how to block and report other users if necessary:

- <https://help.snapchat.com/hc/en-gb/articles/7012343074580-How-to-change-my-privacy-settings-on-Snapchat>

### More information

For more detailed advice and information:

- <https://www.childrensociety.org.uk/what-we-do/blogs/the-risks-snapchat-poses-to-children>
- <https://www.internetmatters.org/parental-controls/social-media/snapchat/>

## Do you need help managing your child's device?

You can use Google Family Link or Apple Family Sharing to help you depending on your child's device.

### Google Family Link

This is a free parental control app from Google that lets you:  
- View activity reports showing how long they spend on each app.  
- Approve or block new app downloads  
- Set screen time limits.  
- Find their location.

You will need to download an app and then decide appropriate settings.

<https://families.google/familylink/>

### Apple Family Sharing

You can set up Family Sharing in the settings of your device. Family Sharing allows you to:

- Share Apple subscriptions and purchases from the App Store.
- Approve what children purchase/download.
- Limit screen time.
- Share locations and find devices.

<https://www.apple.com/uk/family-sharing/>

### Monitoring Apps (paid for)

In addition, there are apps that you can pay for that you may find provides a better solution for you. Whilst we cannot recommend/endorse a specific product, these are some examples that you could review and test using a free trial:

- Norton Family: <https://uk.norton.com/products/orton-family>
- Qustodio: <https://www.qustodio.com/en/>
- Family Time: <https://familytime.io>



# Urban Green Shoots in Cornish towns

Join our volunteer planting sessions at St Clare cemetery, Penzance

Tuesday 4<sup>th</sup> and Friday 7<sup>th</sup> of February | 10am to 1pm

Meet at the main entrance, by the cemetery lodge

All equipment is provided and you do not need to commit to the entire session.

Please dress in robust footwear and clothing suitable for being outdoors and the weather!

Contact: Becky, Cormac's urban ranger

Email: [volunteers@cormactd.co.uk](mailto:volunteers@cormactd.co.uk)

Mobile: 07796 996351

Web: [www.cornwall.gov.uk/parks](http://www.cornwall.gov.uk/parks)

[Urban Green Shoots | Let's Talk Cornwall](#)



Urban Green Shoots is funded by the UK Government through the UK Shared Prosperity Fund.

CORMAC

# VIEW SENNEN CLASS ARTWORK



PENLEE HOUSE  
Gallery & Museum  
PENZANCE



You are cordially invited to the Private View for

# The Shape of Things: Our place in a changing climate

on Tuesday 4 February 2025

Doors open 3.45 for 4.00 launch

Please arrive at the Penlee Coach House in

Penlee Park, Penzance TR18 4HE

[www.penleehouse.org.uk](http://www.penleehouse.org.uk)



**A friendly reminder that there should be  
no dogs and...**



**No smoking  
or vaping on  
school grounds**