

Pensans Post

Autumn term 27/11/2020



Dear Parents and Carers,

Thank you for your cooperation with us regarding the COVID procedures that we need to maintain on our school site. Your care and kindness is appreciated by all of our community.

Sadly our Parent Governor Kim Pentecost has resigned from her role and I would like to thank her for her time and support for Pensans School. This means that we have a vacancy for a Parent Governor on our Governing Body. As a Parent Governor you would need to be able to attend full meetings each half term and when restrictions allow visit the school regularly. If you are interested please look on the school website's 'School Info' section for more details and a nomination form. The deadline for applications is 9am on Monday 14th December.

From the 1st December, the 'Love Penzance' Christmas window competition starts with lots of windows across the town in shops being decorated in this years theme: "Christmas Songs". Make sure you visit our window in the former 'Steckfenster' shop in Chapel Street and vote for it using the QR code on the shop window. We could win £250 of art equipment for school. A big 'Thank you' to Zanna Pill for her beautiful work supporting the project and to the children who helped her create it.

Continuing on the festive theme, please see page four of this newsletter for details about our school Christmas Dinner on Thursday 17th December. Make sure you book you child's place via the Google Online Form link by Monday 7th December. This will also be emailed to all parents in the next few days.

Have a safe and peaceful weekend, Angela Clay



FREE SCHOOL MEAL



SUPERMARKET
VOUCHERS

Christmas Free School Meal Vouchers

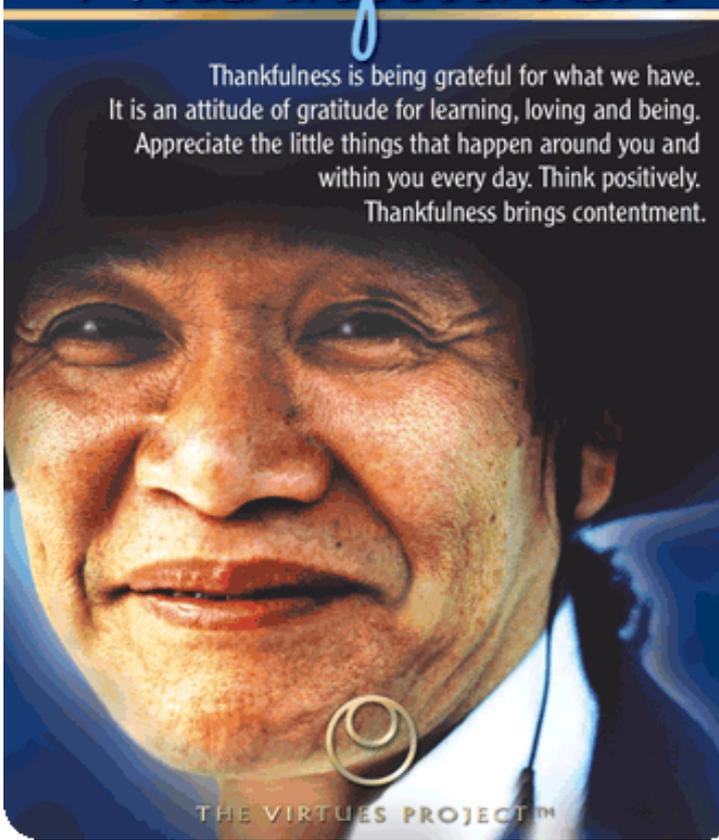
We have just been advised that all families with benefits related Free School Meal eligibility will be emailed supermarket vouchers to the value of £30 per child for the two week Christmas holiday period. Eligible families will be sent emails with Tesco vouchers in the second week of December. Look out for an email from schoolvouchers.com in your Inbox / Junk email etc. We will text you when we are made aware that they are being processed. If you have never received an email from Pensans School before or have recently changed your email address please let the school office know by Wednesday 2nd December so that all vouchers go to the correct addresses. If you find emails tricky, please give us the email of someone who can support you with this and it can be sent to them.

There is a lot of support available to parents on the school vouchers website:

[https://help.schoolvouchers.com/hc/en-gb/articles/360015110178-How-to-access-your-voucher-step-by-step-instructions-](https://help.schoolvouchers.com/hc/en-gb/articles/360015110178-How-to-access-your-voucher-step-by-step-instructions)

Thankfulness

Thankfulness is being grateful for what we have. It is an attitude of gratitude for learning, loving and being. Appreciate the little things that happen around you and within you every day. Think positively. Thankfulness brings contentment.



You are practicing Thankfulness when you...

- Are thankful for the gifts of life
- Appreciate your own abilities instead of envying others
- See the difficulties of life as opportunities to learn
- Enjoy your sense of wonder about the beauty in the world
- Are willing to receive what others want to give
- Count your blessings every day

Affirmation

I am thankful for the many gifts within me and around me today. I appreciate my life. I look for the lessons. I expect the best.



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School Dinners

Week commencing 30/11/2020 is week 3. Weekly menus are on our school website.

If you think your child may be entitled to "Free School Meals" please let Mrs Oliver in reception know. This also applies to those having free dinners because they are in Reception, Year 1 and Year 2 and have free "Universal Infant Free School Meals" because of their age. Our school also receives Pupil Premium funding for each child on "Free School Meals".

Children going home after lunch on Wednesday - collection times

Unless you have applied for a Wednesday afternoon place for your child, please collect them after their lunches at the times below at their normal pick up place.

EYFS Caterpillars / Butterflies / Bumblebees	Phase 1 Green / Orange / Amber	Phase 2 Cobalt / Violet / Indigo	Phase 3 Turquoise	Families
12:45pm	12.40pm	12.30pm	12.20pm	12.50pm

For more details about Wednesday afternoons and how to apply if you meet the criteria check our website's newsletter page - see 23rd July.

Welcome to the winter issue of BlackbirdPie online magazine!

<https://blackbirdreads.turtl.co/story/cornwallchristmas2020/>

Despite everything there are festive things to see and do this year, from glittering gardens lit with myriad lights to light-hearted theatre shows. Everyone has gone to great lengths to make things as Covid-safe as possible.

We have searched out quite a lot of free activities and events too including sparkling yuletide markets with entertainers, free entry at PK Porthcurno and The Box Plymouth, stories, videos and art activities to download, interesting winter walks and historic sites to explore. As well as the new online format we will be doing more on facebook and Instagram, so please seek us out for regular activities, ideas and updates in between issues.

Christmas 2020 and New Year
BlackbirdPie
 Cornwall's what's-on for families

What's on: Christmas and the New Year
 Theatre shows
 Festive events
 Book reviews
 Videos to watch and stories to hear
ON SCREEN!
The Mousehole Cat
 by Antonia Barber, adapted by Alan M Kent
 performed by Cousin Jack's Theatre Company
 Offers and free events



As part of recognising outstanding learning behaviours, we will be celebrating the children who have achieved **BLUE** each week. Well done to everyone who achieved it this week!

Blue:

I produce **outstanding** work.
 I have **worked my hardest** and the adults around me recognise that I have made a **great effort**.
 I have been a **fantastic friend** to others, helping out when I was needed.
 I continue to make all of the **right choices** in my learning and behaviours.
 I show **care and consideration** for others and my school.

Class	Well done for achieving blue this week!
Bumblebees	Finnley and Ruby
Green	Blake and Lilly
Orange	Alex and Tilly
Violet	Harry and Tegan
Amber	Raymond and Hyacinth
Cobalt	Ebony and Lewis
Indigo	Dominick and Luke
Turquoise	Tegan and Bella



Computer and video games have a Pan-European Game Information (PEGI) rating printed on the front of the case. If your child is at Pensans, any game they play or watch should have a green PEGI. Please be aware that playing games out of their age range is a child protection issue and be aware of what they are playing. Even if your child is only watching an older family member playing a game with a 12, 16 or 18 rating, they still are being exposed to unsuitable material.

Stars of the week



Bumblebees	Tommie	For always making good choices and listening well on the carpet
Orange	Kajus	For always being on task and striving for perfection! He is a friend to everyone!
Green	Aiva	For making great choices and doing all her work carefully.
Cobalt	Rosie	For her positive attitude towards her work. Rosie has really impressed me this week with her determination to succeed. Keep it up Rosie! Well done!
Violet	Nina	For her outstanding column addition work. She has also really impressed us with her consistent blue learning and presentation of her work.
Amber	Lamorna	For her creativity and humour when making her Treekeeper movie! We loved watching it!
Indigo	Jodie	For working so hard on her Cornish myth,
Turquoise	Jamie H	For his kindness, consideration and being a positive learning buddy in PE.



Are you following us on Twitter and Facebook?

Keep up-to-date with all of the exciting things that are going on @pensansschool (Twitter) and @pensans.primary (Facebook)



Wednesday 2nd December - Deadline for email address changes for Christmas Free School Meal Vouchers.

Monday 7th December - Deadline for booking school Christmas Dinners (see page 4)

Thursday 17th December - School Christmas Jumper and Dinner day

21st December to 1st January - Christmas holidays

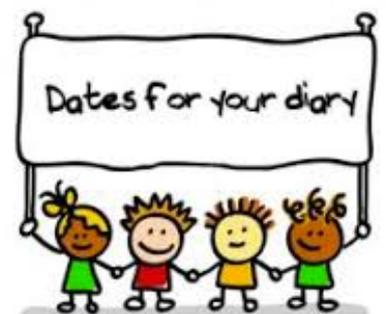
4th January 2021 - INSET Day, no school

EYFS: Caterpillars, Butterflies & Bumblebees (Y0)

* Phase 1 / KS1: Green (Y1) & Orange (Y2) & Amber (Y3)

* Phase 2 / KS2: Cobalt (Y4/5), Violet (Y4/5), Indigo (Y4/5)

* Phase 3 / KS2: Turquoise (Y6)



We are holding our school Christmas dinner on Thursday 17th December. It will be a little different to last year and in classrooms instead of in the school hall. If you would like your child to have a Christmas School Dinner on the 17th December you must pre-book one using this form, (one form per child please). The link is on the school website in the newsletter section and will be emailed to all parents over the next few days.

<https://forms.gle/pa7KitYpyMGBdJyJ8>



Dinners cost £2.30 and must be paid in advance via ParentPay unless your child is eligible for Free School Meals OR in Reception, Year 1 or Year 2 and benefits from Universal Infant Free School Meals.

The menu on that day will be roast turkey, roast potatoes, vegetables and all the trimmings OR quorn vegan roast, roast potatoes, vegetables and veggie gravy and festive pudding.

Please note that there will be no other alternative meals that day, so home packed lunches will need to be sent in for any children not choosing to have a Christmas Dinner.

Children also have the option to wear a Christmassy jumper with their school uniform to school on that day if they would like to.



Penzance Community Larder

Ieri alle 19:59 · 🌐

👍 Mi piace

Penzance Community Larder is open to everyone living within 15 minutes of Penzance town centre as we need everyone's help to combat food waste. The Community Larder is on the first floor at Redwing Gallery, in the pedestrian alleyway (called Wood Street) that runs between the lower end of Market Jew Street (the alleyway is between Supervolt and 36 Hairdressers) and lower Bread Street (opposite Victoria Square and The Crown pub). The postcode is TR18 2HT. It is currently open Mondays, Thursdays and Fridays 10:30 am - 4:00pm. Members pay £1 per visit and can select 5 grocery items plus bakery and fresh fruit and vegetables. If stairs are a problem our volunteers can bring a selection of groceries to the door. Remember to bring a bag!

We wanted to make sure our parents and carers are aware of this service; "Penzance Community Larder". Search for it on Facebook or check their opening hours and address opposite.



**COMMUNITY
LARDER**

YOU SHOULD BOOK A COVID-19 TEST IF YOUR CHILD HAS:

A HIGH TEMPERATURE

This means they feel hot to touch on their chest or back (you do not need to measure their temperature).

OR

A NEW CONTINUOUS COUGH

This means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if they usually have a cough, it may be worse than usual).

OR

A LOSS OR CHANGE TO THEIR SENSE OF SMELL OR TASTE

This means they've noticed they cannot smell or taste anything, or things smell or taste different to normal.

IF YOUR CHILD DOES NOT HAVE SYMPTOMS OF COVID-19 BUT HAS OTHER COLD-LIKE SYMPTOMS, SUCH AS A RUNNY NOSE, THEY DO NOT NEED TO BE TESTED AND THEY OR MEMBERS OF YOUR HOUSEHOLD DO NOT NEED TO SELF-ISOLATE. YOUR CHILD CAN ATTEND SCHOOL IF FIT TO DO SO.

HERE'S WHAT TO DO IF:

YOUR CHILD HAS COVID-19 SYMPTOMS

WHAT TO DO?

- DO NOT SEND YOUR CHILD TO SCHOOL
- Book a COVID-19 test
- Household self-isolates
- Inform school immediately about test result

WHEN CAN MY CHILD RETURN?

Your child can return to school if the test is negative providing they are well enough, have not had a fever for 48 hours and if they haven't been advised to self-isolate by the PHA Contact Tracing Service.

YOUR CHILD TESTS POSITIVE FOR COVID-19

WHAT TO DO?

- DO NOT SEND YOUR CHILD TO SCHOOL
- Inform school immediately about test result
- Self-isolate for at least 10 days as advised by the PHA.

WHEN CAN MY CHILD RETURN?

Your child can return to school after 10 days even if they still have a cough / loss of smell or taste. These symptoms can last for several weeks.

SOMEBODY IN MY HOUSEHOLD HAS COVID-19 SYMPTOMS

WHAT TO DO?

- DO NOT SEND YOUR CHILD TO SCHOOL
- The household member should book a COVID-19 test
- Household self-isolates
- Inform school immediately about test result

WHEN CAN MY CHILD RETURN?

Your child can return to school if the symptomatic household member's test is negative and if they haven't been advised to self-isolate by the PHA Contact Tracing Service.

SOMEBODY IN MY HOUSEHOLD TESTS POSITIVE FOR COVID-19

WHAT TO DO?

- DO NOT SEND YOUR CHILD TO SCHOOL
- Inform school immediately about test result

WHEN CAN MY CHILD RETURN?

Your child can return to school when they have completed 14 days of self-isolation without any symptoms*.

CONTACT TRACING HAS IDENTIFIED MY CHILD AS A CLOSE CONTACT

WHAT TO DO?

- DO NOT SEND YOUR CHILD TO SCHOOL
- Self-isolate for at least 14 days as advised by the PHA Contact Tracing Service

WHEN CAN MY CHILD RETURN?

Your child can return to school when they have completed 14 days of self-isolation without any symptoms*.

YOUR CHILD HAS BEEN IN CONTACT WITH SOMEONE WHO HAS BEEN IDENTIFIED AS A CLOSE CONTACT

WHAT TO DO?

- Attend school as normal
- If your child does not have any COVID-19 symptoms they should carry on with normal activities.

YOUR CHILD HAS TRAVELLED ABROAD AND HAS TO SELF-ISOLATE

WHAT TO DO?

- DO NOT SEND YOUR CHILD TO SCHOOL
- Self-isolate for 14 days in line with quarantine advice

WHEN CAN MY CHILD RETURN?

Your child can return to school when they have completed 14 days of self-isolation without any symptoms*.

Visit www.gov.uk/get-coronavirus-test

or call 119