

Cricket

Key unit objectives	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Step 1	To move in different ways.	To move confidently.	Throw a ball with increasing accuracy and distance.	Run, jump and catch in combination.	To combine running and jumping.	To retrieve, catch, intercept, and stop a ball when fielding.
Step 2	To catch and stop a ball.	To use an underarm throwing technique.	Catch a ball with increasing consistency.	Catch a ball with good control.	To combine running and throwing.	To play shots that allow the ball to be hit to different areas of the field into spaces.
Step 3	To strike a ball.	To choose simple tactics in game.	Successfully hit a ball from a tee.	To understand the rules of cricket.	To compete in short distance races.	To bowl overarm.
Step 4	To recognise space.	To move into space.	Hit a ball with correct technique.	Hit a ball towards a target.	To compete in long distance running.	To use skills and tactics to outwit opponents when fielding.
Step 5	To recognise space.	To strike a ball into space.	Choose fielding skills to make it difficult for an opponent.	Use space when fielding to make it difficult for opponents.	To practise to combine different types of jump.	To use skills and tactics to outwit opponents when batting.
Step 6	To try and find ways to win games.	To compete with others.	Work well as part of a team	Participate in modified competitive games, showing good teamwork.	To throw in different ways with accuracy and control.	To participate in competitive games.
Declarative knowledge	Apply skills and tactics in simple games, including recognizing space and using it to your advantage. • Understand why being active and playing games is good for you.	React to situations in ways that make it difficult for opponents, applying simple tactics like hitting the ball into space to help score more points.	Identify what you need to practise improving your performance. • Understand the link between heart rate and breathing when exercising.	Explain the tactics you have used in games. Communicate, collaborate, and compete with others, following the rules of the game.	Choose the appropriate speed to run at for the distance to be covered. • Create short warm up routines that	Learn how to evaluate and recognise your own success and areas for improvement. Develop an understanding of

Cricket

		Begin to understand the importance of preparing safely for exercise - warming up. Recognise what is successful	• Devise suitable warm up activities for upcoming activities.	Recognise what you do well and what you find difficult and explain good performances. Chose fielding skills which make it difficult for your opponent.	follow basic principle e.g. raise body temperature, mobilise joints and muscles. • Understand how physical activity can contribute to a healthy lifestyle and the importance of being physically fit. • Explain how their body reacts and feels when taking part in different activities and undertaking different roles and understanding how this effects the muscles	how to improve in different physical activities and sports.
Procedural knowledge	Move fluently, changing direction and speed. Show basic control of the ball, including when striking a ball. Successfully receive (catch/stop) a ball, understanding the concept of moving to get in line with the ball to receive i	Show good awareness of others when playing games. Develop fundamental movement skills, becoming increasingly confident and competent. Perform a range of actions with control including catching, gathering, and hitting	Apply and develop a broader range of skills, whilst ensuring basic skills are performed with control and accuracy. Throw a ball increasing distances, catch a ball with increasing consistency and hit a ball with correct technique.	Show control, coordination and consistency when throwing and catching a ball. Hit a ball with increasing control from a tee and progress to without a tee. Take up spaces/positions that make it difficult for the opposition.	Run, jump, catch, and throw in isolation and combination. Combine and perform skills with control. Communicate, collaborate, and compete with others. Working effectively as part of a team.	Perform skills, including retrieve, intercept and stop a ball, with accuracy, confidence, and control. Bowl using an overarm technique, beginning to vary speed and length of delivery. Use skills and tactics to outwit

Cricket

		a ball with increasing accuracy. Throw/hit a ball in different ways e.g. high, low, fast, slow.	Intercept and stop the ball consistently. • Work well as part of a team, employing simple tactics, particularly when fielding to make it harder for the batter.		Demonstrate a range of throwing actions e.g. push, pull, sling, using different equipment.	opponents when fielding, bowling, and batting. Work as part of a team that covers the areas to make it hard for the batter to score runs. Use tactics that involve bowlers and fielders working together.
Vocabulary	• Aim • Backwards • Ball • Ball Control • Bat • Beanbag • Bounce • Catch • Control • Direction • Batting • Feeder • Forwards • Free Space • Grip • Left & right • Stop • Movement • Rolling • Run • Safety • Score • Space	• Batting • Fielding • Striking • Grip • Long barrier • Teamwork • Catching • Wickets • Bat • Ball • Aim • Feeder • Fielder • Underarm • Striking	• Batting • Control • Feeder • Fielder • Grip • Score • Wickets • Communication • Long Barrier • Striking • Teamwork • Underarm • Wicket Keeper • Bowler • Position • Technique	• Fielding • Fielder • Wickets • Communication • Striking • Teamwork • Underarm • Wicket keeper • Skill • Technique • Points • Swing • Tournament • Compare • Evaluate • Discuss • Free Space	• Pace • Personal Best • Push / Pull • Discus • Record • Timer • Run up • Olympics	• Wicket Keeper • Crease • Outfield • Fast bowl • Technique • Quality • Run up • Tournament Awareness • Bowling • Tactics • Straight drive • Block • Bowled out