

Pensans Post

Spring term 28/02/2020



Dear Parents and Carers,

I look forward to seeing you at our next 'Big Dig' on Saturday March 7th. We will be planting seeds and preparing ground around our perimeter fencing that will support; climbing plants, encouraging 'Bees, Bugs and Butterflies' to flourish in our beautiful grounds. Join us and please stay for lunch.

As you may know, one of the outcomes of the re-wilding project is to have a mural on the walls of the slope that leads to Reception. We are looking for volunteers that would be able to help with rendering the brick walls. Please contact me if you are able to help.

We are publishing the Corona Virus Guidance from the Department of Education as a poster on this newsletter and our staff are aware of the need to follow the hygiene guidance that is recommended. For families needing advice about holiday destinations affected please see this link: nhs.uk/coronavirus

I would also like to remind all parents to use this link www.thinkuknow.co.uk to keep up to date with all internet safety issues. You will find a huge number of resources that will help you to help your child to use the internet safely and appropriately.

As you will see from social media and this newsletter, we have a vast number of achievements to celebrate this week and I am so proud of the staff and children who have worked with enthusiasm and resilience to move learning forward in so many areas of the curriculum.

Thank you for a fantastic turn out at our Parent Consultations before half term. Your support and encouragement has an enormous impact on your child's achievement both now and in the future.

Have a good weekend



Congratulations to all of the children in phase 3 who have completed their BRONZE challenge on Monday of walking to Newlyn and back in rainy and windy conditions! Then showed great resilience, team work and perseverance. All the teachers were really proud of them! Today they all received their bronze certificates in assembly.



Is your child's class attendance on track? Our Spring attendance target is 97%. As a school we are at 94.67% attendance this week and are below our target.

Class	Weekly %	
Bumblebees	93.75%	6
Green	99.07%	1
Orange	95%	5
Violet	98.28%	2
Amber	91.84%	9
Cobalt	96.19%	4
Emerald	96.74%	3
Indigo	89.09%	8
Turquoise	92.08%	7
Whole School	94.67%	



Thursday 5th March is World Book Day. We would like the children to bring in their favourite story and a potato dressed up as their favourite character. They will be judged and we will have an assembly to celebrate. In addition children have the option of dressing as their favourite book character if they want to.

Are you following us on Twitter?

Keep up-to-date with all of the exciting things that are going on @pensansschool



HM Government



CORONAVIRUS: PUBLIC INFORMATION

The Government and NHS are well prepared to deal with this virus.

You can help too.

The best way to protect yourself and others is:



Wash your hands with soap and water, or use a sanitiser gel, regularly throughout the day.



Catch your cough or sneeze in a tissue, bin it, and wash your hands.

If you have recently arrived back from specified areas follow the returning traveller advice.

Check the list of areas and find out more at

nhs.uk/coronavirus

The Early Help Hub Locality Link Officer, Niki Cooper, will be offering a "Drop in Session" on **Wednesday March 4th** here at Pensans School. Appointments can be made with Mrs Oliver at reception. Time slots are between 9.15am and 12 o'clock lunchtime.

These sessions can provide confidential support and signposting for families and carers. The Early Help Hub promote health and wellbeing for all families.



Providing support as soon as a problem emerges, at any point in a child's life, from the



foundation years to the teenage years.



School Dinners

Week commencing 02/03/02/2020 is week 1. Weekly menus are on our school website.

If you think your child may be entitled to "Free School Meals" please let Mrs Oliver in reception know. This also applies to those having free dinners because they are in Reception, Year 1 and Year 2 and have free "Universal Infant Free School Meals" because of their age. Our school also receives Pupil Premium funding for each child on "Free School Meals".

Please remember that we offer both before and after school clubs each school day.

Breakfast Club - Children from reception age can be dropped into the hall between 8am and 8:30am. It costs £1.50 a session and includes a varying breakfast menu. No booking necessary.

It is free to Pupil Premium children (those children entitled to free school meals based on their family income)

PARC (After-school club) - Open from 3:15pm until 6pm (5pm Fridays). Bookings and pre-payments via ParentPay are necessary. Please ask for details at school reception.

As part of recognising outstanding learning behaviours, we will be celebrating the children who have achieved **BLUE** each week. Well done to everyone who achieved it this week!



Blue:

I produce **outstanding** work.

I have **worked my hardest** and the adults around me recognise that I have made a **great effort**.

I have been a **fantastic friend** to others, helping out when I was needed.

I continue to make all of the **right choices** in my learning and behaviours.

I show **care and consideration** for others and my school.

Class	Well done for achieving blue this week!
Green	Ziva & Keegan
Orange	Malachi & Jaxon
Violet	Nina & Skyla
Amber	Jade & Kyra
Cobalt	Archie & Sanchia
Emerald	Issey & Joe
Indigo	Kaden & Jessica
Turquoise	Olivia & Maddie



Computer and video games have a Pan-European Game Information (PEGI) rating printed on the front of the case. If your child is at Pensans, any game they play or watch should have a green PEGI. Please be aware that playing games out of their age range is a child protection issue and be aware of what they are playing. Even if your child is only watching an older family member playing a game with a 12, 16 or 18 rating, they still are being exposed to unsuitable material.

Stars of the week



Butterflies	Milo	For getting his picture on the super star all week this week
	Maddie	For Super listening on the carpet and joining in all activities.
Orange	Matteo	For his impressive set of dragon trap instructions!
Green	Ayda-May	For her enthusiasm and progress with her learning. She is like a little ray of sunshine.
Cobalt	Brogan	For his quiet resilience and blossoming confidence.
Violet	Leila	For trying her best in all lessons and listening carefully to instructions.
Amber	Imogen-Rose	For starting her new school with a super positive attitude and settling in so well.
Turquoise	Izzy	For always wanting to solve problems to make sure that everything is fair for everyone. Thank you
Indigo	Bronze Challenge Award Winners	For all the pupils that braced the cold and wet to complete their bronze challenge on Monday showing their determination and resilience
Emerald	Thomas	For his wonderful start in Emerald Class. Well done! It's great to have you in our school.

Well done to this week's Mathletes!

Green - Elisei

Orange - Jamie

Amber - Harrison

Turquoise - Jenny & Izzy

Indigo - Leah





If your family struggle with keeping on top of headlice we have had a top tip from a parent about this Vosene defence spray product. £1 from Morrisons.

If you have problem with a dragon, like we have had in Orange Class, use these instructions to make your own trap and defeat the horrible beast!



WALT: Write Instructions
26th February 2020

How to trap a dragon

Is your school getting attacked by wild dragons? Don't get scared we come up with a plan to defeat this horrible beast.

What you need:

- Three cardboard boxes
- stick
- star
- Rope

What you do:

First put the three boxes on top of each other.

Next tape the stick and the star together.

After that tape it altogether.

Finally hide behind the boxes and wait for the dragon then push the stick down.

A final note of warning:

Don't go into the dragon's cave because their mind be a monster mummy dragon.

WALT: Write Instructions
26th February 2020

How to trap a dragon

Is your house under attack from dragons every night? DON'T WORRY you can trap a by following these instructions.

What you need:

- Spade
- Rope
- plate
- Meat

What you do:

First dig a deep hole.

Then go the rope and tie it to one wall.

After that you get the plate and put it in the hole.

Finally get the meat and put it on the plate.

Wait for the dragon to fall into the hole.

A final note of warning:

Don't steal the dragon's eggs this might back and get you up.



WALT: Write Instructions 26th February 2020

How to trap a dragon

Is your house being attacked by dragons every night? Don't worry these instructions so you can catch them will work.

What you need:

- A big box
- A stick
- Some tasty meat

What you do:

First get a big box.

Next put a stick under the box so will trap.

Finally put some meat under the box and hide behind it.

A final note of warning:

Don't enter a dragon's cave to steal the eggs because the eggs will hatch and will punish your work.

Dates for your diary

Wednesday 4th March - St Piran's concert - St John's Hall - 6:45pm to 8:30pm.

Thursday 5th March - World Book Day - potato competition and optional dress as a book character

Thursday 6th March - St Piran's Day Parade in town - Y4s dancing. Text to follow

Saturday 7th March - Big Dig Day - more information re times to follow

Friday 20th March - Last day of clubs

Friday 27th March - Nursery closed **Friday 27th March** - Last day of spring term

EYFS: Caterpillars, Butterflies & Bumblebees (Y0)

* Phase 1 / KS1: Green (Y1) & Orange (Y2)

* Phase 2 / KS2: Cobalt (Y3/4), Violet (Y3/4) & Amber (Y3/4)

* Phase 3 / KS2: Emerald (Y5/6), Indigo (Y5/6) & Turquoise (Y5/6)

• **Swimming:**

• **Mondays: Bumblebees**

• **Thursdays: Violet and Cobalt**

There was a double celebration in assembly for Kath Swanson today. Kath is our Lollipop Lady, Kitchen Assistant and resident knitter! Kath was inundated with gifts and flowers from colleagues and classes because as well as being her 60th Birthday, she has now worked here for 25 years!



You are practicing

Flexibility

when you...

- Learn from your mistakes
- Are willing to change bad habits
- Try imaginative new ways to do things
- Are open to the ideas and feelings of others
- Can adjust when something unexpected happens
- Go with the flow. Trust the unexpected.





TikTok is a video-sharing social media app available on iOS and Android which lets users create, share, and view user created videos much in a similar manner to Facebook, Instagram and Snapchat. It's main draw, however, is that users can record and upload bite-sized looping videos of themselves lip-synching and dancing to popular music or soundbites, often for comedic effect, which can then be further enhanced with filters, emojis and stickers. TikTok has been designed with the young user in mind and has a very addictive appeal. At the beginning of 2019 it skyrocketed in popularity to become the iOS store's most downloaded app with over 33 million downloads. Estimates suggest that it now has anything between 500 million and over 1 billion monthly active users worldwide.



What parents need to know about

TIKTOK



MATURE CONTENT

On the iOS store TikTok is listed as 12+. On the Google Play Store it is listed as 'Parental guidance recommended'. When signing up for the app, it's possible to file about your age without any form of verification. As children scroll through their feed, most of the videos they're likely to come across are light-hearted or funny riles on different routines which are designed to make people laugh. However there has been a slew of videos which have been reported for featuring drug and alcohol abuse, self-harm and sexual content, including young boys dancing sexually and behaving suggestively. Given the damage of material uploaded to TikTok every day, it's impossible for moderators everywhere and it can be quite common to come across explicit content as the 'for you' feed when logging into the platform.

INAPPROPRIATE MUSIC

TikTok revolves around creating music videos through lip-synching and dancing. Inevitably, some of the music featured by users will contain explicit or suggestive lyrics. Given the undeniably young user base, there is a risk that children may look to imitate the explicit language they hear or the suggestive actions they see when viewing others user's videos on the app.

TIKTOK FAME

TikTok is very image focused and there is a notable preoccupation with appearing cool and attractive. Many teenagers now attempt to go viral and become what's known in-app as 'TikTok famous'. TikTok (and its predecessor musical.ly) has spawned its own celebrities - social media stars Loren Gray and Jacob Sartorius have been catapulted to fame through their initial exposure on the app. Obviously, most budding influencers looking to become the next big thing will be disappointed, but this may have the knock-on effect of making them go to more and more drastic lengths to get noticed.

ONLINE PREDATORS

As a social network, TikTok wasn't really created with other users in mind. This includes the ability to comment on and send to other users' videos, follow their profile and download their content. Be aware that by default, any user can comment on your child's video if their account is set to public. Most users do so as harmless enough but as an app, TikTok is prone to predators because of the abundance of younger users.

ADDICTIVE NATURE

Social media is designed to be addictive and TikTok is no different. It can be fun and hugely entertaining, however, it's also addictive because of the fact it can be hard to put down. In addition to the short, punchy nature of the looping videos to meet the app's ability to keep you guessing what will come on screen next makes it easy to turn a five-minute visit into 45-minute visit.

IN-APP PURCHASES

Aside from the content, there's also the option to purchase in-app purchases called 'TikTok coins'. Prices range from 1.09 for 100 coins to an eye-watering 291.09 for 10,000 coins. TikTok coins are used to purchase different emojis to reward content creators that a user finds funny or entertaining. In the iOS version of the app you can disable the option to buy TikTok coins but this sadly doesn't seem to be a feature in the Android version.



Safety Tips For Parents

TALK ABOUT ONLINE DANGERS

Asuming your child is above the age limit to use the app, make sure you also take the time to talk to them about what they are seeing on the app. Have a dialogue, get them to give you their opinion on what is appropriate and make the correct behaviour for them. Go over why they shouldn't give out private information or identifiable photos and the possible and understandable of them. In the long run, getting them to think critically about what they're seeing goes a long way to keeping their social media savvy.



USE PRIVACY SETTINGS

Undoubtedly, the safest way to safeguard your child on TikTok is to make sure their account is set to private. This means only those users you, your child approves can view like and follow their content. Getting the account to private may clash with your child's goal of social media superstardom, but it will keep their account safe from strangers. This setting can be enabled under the privacy and safety menu by pressing the all-in-one icon in the top right of the app. To be extra safe, there are additional controls available to toggle such as who can send comments and message you among other options.



ENABLE RESTRICTED MODE

In the digital wellbeing section there's the ability to turn on restricted mode using a PIN. Restricted mode filters out content that is not age appropriate although it should be noted that this isn't always 100% fool proof. When enabling restricted mode, parents should still be vigilant to watch their child's browsing and take note that the algorithm moderating content is not infallible.



EXPLORE AND LEARN YOURSELF

Understanding and learning the app yourself is a great way to get to grips with TikTok. You could then even use the app with your child and watch some videos with them. If you are the parent of a teen, even if it does not make you popular, keep a close eye on what they're viewing and sharing. That said, the billion chance to turn it into a bonding opportunity with your child. You could even unleash your inner performer and dance videos with them while knowing importantly keeping them safe online.



LEARN HOW TO REPORT AND BLOCK INAPPROPRIATE CONTENT

With the proper privacy settings in place, TikTok can be a safe space for your child to express themselves. However, just in case something does manage to slip through, make sure your child knows how to recognise and report content that isn't appropriate and call them to come to you about what they have seen. TikTok allows users to report offensive and content within the app. You can also block individual users by going on their profile.



MODERATE SCREEN TIME

As entertaining as TikTok is, you can help your child moderate their time on the app by making use of the digital wellbeing section. Under the screen time management option, you can limit the daily allotted time allowed on the app in increments ranging from 30 to 120 minutes. You can also lock this preference behind a PIN number which has to be inputted in order to then exceed the daily time limit. This way your child can get their daily dose of memes without wasting away the day.



Meet our expert

Pete Bell is a writer with over 10+ years as a writer and analyst. Working within a specialist area for West Yorkshire Police, Pete has contributed work which has been pivotal in successfully winning high profile cases in court as well as writing as a subject matter expert for industry handbooks.



NEW FOR 2020 FAMILY SAFETY MODE

TikTok Family Safety Mode allows parents to link their own TikTok account to their child's. It's a great way to oversee your child's digital wellbeing by giving you direct control over their safety settings and being able to remotely turn features on and off. This includes managing your child's ability to send and receive direct messages and web information and the ability to restrict the appearance of content that might not be age appropriate.

