

# Pensans Post

Autumn term 02/10/2020



Dear Parents and Carers,

After a sunny start to the Autumn Term, October has truly arrived with winds and rain this week. I'd like to thank you for sending your children into school equipped for the weather. As part of our strategy to minimise the risk of spreading the COVID virus we will continue to have children outdoors, learning and playing as much as possible.

I am pleased that many of you are remembering to keep a physical distance from other adults at the beginning and at the end of the school day, as well as moving on and off site as quickly as you can. Following the Government announcements this week, you will be aware that the measures put in place at the beginning of term will remain. So that you and your children remain as dry as possible please arrive at your child's arrival and collection time slots.

We continue to rotate hot dinners and 'Grab Bag' lunches every 3 weeks so that the hall can be cleaned between bubbles. The 'Grab Bag' option will now be a hot meal in a bag, everyday apart from Wednesdays. I'd like to thank our kitchen staff for coming up with some delicious hot options that can be served to your children in a bag!

Although we are not yet able to run our Breakfast Club in the very near future we will be able to offer breakfast to every child when they arrive in school. This will be provided through the "Magic Breakfast" funding and I will let you know the start date in the very near future.

I would like to thank many of you who have offered to come into school and help children read. We are not able to welcome you back just yet but as soon as we can we'll be in touch.

Have a safe weekend

Angela Clay

## Dates for your diary

**26th to 30th October** - Half term

**21st December to 1st January** - Christmas holidays

*EYFS: Caterpillars, Butterflies & Bumblebees (Y0)*

*\* Phase 1 / KS1: Green (Y1) & Orange (Y2) & Amber (Y3)*

*\* Phase 2 / KS2: Cobalt (Y4/5), Violet (Y4/5)*

*\* Phase 3 / KS2: Turquoise (Y6)*

# Helpfulness



Helpfulness is being of service to others, doing thoughtful things that make a difference in their lives. Offer your help without waiting to be asked. Ask for help when you need it. When we help each other, we get more done. We make our lives easier.

THE VIRTUES PROJECT

You are practicing

# Helpfulness

when you...

- Notice when someone needs help
- Do a service without being asked
- Give people what they need, not always what they want
- Listen to someone who needs to talk
- Care for your own needs
- Ask for help when you need it

### Affirmation

*I am helpful. I look for ways to be of service.*

*I care for others and myself.*

*I look for helpful ways to make a difference.*



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## School Dinners

Week commencing 05/10/2020 is week 2. Weekly menus are on our school website.

If you think your child may be entitled to "Free School Meals" please let Mrs Oliver in reception know. This also applies to those having free dinners because they are in Reception, Year 1 and Year 2 and have free "Universal Infant Free School Meals" because of their age. Our school also receives Pupil Premium funding for each child on "Free School Meals".

### Children going home after lunch on Wednesday - collection times

Unless you have applied for a Wednesday afternoon place for your child, please collect them after their lunches at the times below at their normal pick up place.

EYFS Caterpillars / Butterflies / Bumblebees	Phase 1 Green / Orange / Amber	Phase 2 Cobalt / Violet / Indigo	Phase 3 Turquoise	Families
12:45pm	12.40pm	12.30pm	12.20pm	12.50pm

For more details about Wednesday afternoons and how to apply if you meet the criteria check our website's newsletter page - see 23rd July.

# THANK YOU!

We would like to say a huge thank you to Chris Elcox, one of our volunteer grandparents who made this fantastic set of colour monsters to support our wellbeing and emotion coaching in Green Class. The monsters have already had a positive impact and the children love them!



As part of recognising outstanding learning behaviours, we will be celebrating the children who have achieved **BLUE** each week. Well done to everyone who achieved it this week!

## Blue:

I produce **outstanding** work.  
 I have **worked my hardest** and the adults around me recognise that I have made a **great effort**.  
 I have been a **fantastic friend** to others, helping out when I was needed.  
 I continue to make all of the **right choices** in my learning and behaviours.  
 I show **care and consideration** for others and my school.

Class	Well done for achieving blue this week!
Bumblebees	Tommie and Logan
Green	Izzy and Grace
Orange	Saoirse and Josh
Violet	Levi and Toby
Amber	Malachi and Raymond
Cobalt	Zelah and Rosie
Indigo	Jowan and Corey
Turquoise	Jenny and Leah



**Computer and video games** have a Pan-European Game Information (PEGI) rating printed on the front of the case. If your child is at Pensans, any game they play or watch should have a green PEGI. Please be aware that playing games out of their age range is a child protection issue and be aware of what they are playing. Even if your child is only watching an older family member playing a game with a 12, 16 or 18 rating, they still are being exposed to unsuitable material.

# Stars of the week



Bumblebees	Finnley	For always being ready to learn and listening well on the carpet.
Orange	Kerensa	For being brave and always following the class promise.
Green	Freya	For always being on task and for striving for excellence
Cobalt	Eli	For his enthusiasm in all areas of learning. Eli is incredibly conscientious and has fantastic ideas for his writing. He is also a fantastic role model for his friends.
Violet	Katie	For her enthusiasm in her learning and her helpfulness in the classroom.
Amber	Matteo	For how quick you are to be helpful and your constant positive attitude!
Turquoise	Evelyn	For her joyfulness, positive approach in all that she does and the courage to ask brilliant questions during our virtual meeting with Humphry Davy School
Indigo	Jack G	For his fabulous attitude to work and around the school.

## School planners

School planner books are a new payment item on ParentPay for Year 3,4,5 and 6. Please could £3.50 be paid for before the end of next week. They will be handed out to children when payments are made.

## Are you following us on Twitter?



Keep up-to-date with all of the exciting things that are going on @pensansschool

# YOU SHOULD BOOK A COVID-19 TEST IF YOUR CHILD HAS:

## A HIGH TEMPERATURE

This means they feel hot to touch on their chest or back (you do not need to measure their temperature).

OR

## A NEW CONTINUOUS COUGH

This means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if they usually have a cough, it may be worse than usual).

OR

## A LOSS OR CHANGE TO THEIR SENSE OF SMELL OR TASTE

This means they've noticed they cannot smell or taste anything, or things smell or taste different to normal.

**IF YOUR CHILD DOES NOT HAVE SYMPTOMS OF COVID-19 BUT HAS OTHER COLD-LIKE SYMPTOMS, SUCH AS A RUNNY NOSE, THEY DO NOT NEED TO BE TESTED AND THEY OR MEMBERS OF YOUR HOUSEHOLD DO NOT NEED TO SELF-ISOLATE. YOUR CHILD CAN ATTEND SCHOOL IF FIT TO DO SO.**

## HERE'S WHAT TO DO IF:

### YOUR CHILD HAS COVID-19 SYMPTOMS

#### WHAT TO DO?

- DO NOT SEND YOUR CHILD TO SCHOOL
- Book a COVID-19 test
- Household self-isolates
- Inform school immediately about test result

#### WHEN CAN MY CHILD RETURN?

Your child can return to school if the test is negative providing they are well enough, have not had a fever for 48 hours and if they haven't been advised to self-isolate by the PHA Contact Tracing Service.

### YOUR CHILD TESTS POSITIVE FOR COVID-19

#### WHAT TO DO?

- DO NOT SEND YOUR CHILD TO SCHOOL
- Inform school immediately about test result
- Self-isolate for at least 10 days as advised by the PHA.

#### WHEN CAN MY CHILD RETURN?

Your child can return to school after 10 days even if they still have a cough / loss of smell or taste. These symptoms can last for several weeks.

### SOMEBODY IN MY HOUSEHOLD HAS COVID-19 SYMPTOMS

#### WHAT TO DO?

- DO NOT SEND YOUR CHILD TO SCHOOL
- The household member should book a COVID-19 test
- Household self-isolates
- Inform school immediately about test result

#### WHEN CAN MY CHILD RETURN?

Your child can return to school if the symptomatic household member's test is negative and if they haven't been advised to self-isolate by the PHA Contact Tracing Service.

### SOMEBODY IN MY HOUSEHOLD TESTS POSITIVE FOR COVID-19

#### WHAT TO DO?

- DO NOT SEND YOUR CHILD TO SCHOOL
- Inform school immediately about test result

#### WHEN CAN MY CHILD RETURN?

Your child can return to school when they have completed 14 days of self-isolation without any symptoms\*.

### CONTACT TRACING HAS IDENTIFIED MY CHILD AS A CLOSE CONTACT

#### WHAT TO DO?

- DO NOT SEND YOUR CHILD TO SCHOOL
- Self-isolate for at least 14 days as advised by the PHA Contact Tracing Service

#### WHEN CAN MY CHILD RETURN?

Your child can return to school when they have completed 14 days of self-isolation without any symptoms\*.

### YOUR CHILD HAS BEEN IN CONTACT WITH SOMEONE WHO HAS BEEN IDENTIFIED AS A CLOSE CONTACT

#### WHAT TO DO?

- Attend school as normal
- If your child does not have any COVID-19 symptoms they should carry on with normal activities.

### YOUR CHILD HAS TRAVELLED ABROAD AND HAS TO SELF-ISOLATE

#### WHAT TO DO?

- DO NOT SEND YOUR CHILD TO SCHOOL
- Self-isolate for 14 days in line with quarantine advice

#### WHEN CAN MY CHILD RETURN?

Your child can return to school when they have completed 14 days of self-isolation without any symptoms\*.

Visit [www.gov.uk/get-coronavirus-test](https://www.gov.uk/get-coronavirus-test)

or call 119