Pensans Community Primary School Newsletter

Autumn Term One: Week Beginning 8.9.25





Mrs Ambrose's Weekly Update

Dear Parents, Friends and Families,

Autumn has truly arrived with some huge downpours this week. Thank you to our Nursery parents for cooperating with the late opening earlier this week. Please do make sure the children bring coats (named!) to school each day now as the weather is so changeable. Mrs Mungles has asked if all the EYFS - Reception children can have wellies and waterproofs in school. Thank you.

The new Clubs offer is now open on Arbor and you can now sign up your child to a wide range of after school activities. Please do encourage your children to join up for these opportunities it is a great way to try new things, learn new skills and socialise. We have sports fixtures later in the term and it would be great for our school to be able to participate in these events and some of the clubs will support the preparation for this.

We are launching our Clore Duffield trips next week with Sennen Class (Y5/Y6) visiting St Michael's Mount on Friday. Gwithian Class (Rec) are off to Wild West Farm on Tuesday mornings and Porthminster Class (KS2 ARB) are also going on Tuesday afternoons to do a fun art project which is happening over the next four weeks. I am sure they will have a brilliant and creative time

If you are fit, enjoy the outdoors and up for a challenge we are looking for four or five volunteers to do a 'Big Dig' session! We would love to clear our pond area in the coming weeks and need some willing adult helpers to get this done. If you think you can help please contact Mrs Simpson-Edmands directly via email <u>csimpson-edmands@pensans.tpacademytrust.org</u> or let us know in the school office.

Attendance this week is 97% - this is fantastic news as our target attendance each week is to be at least 97% and above. Thank you for your continued support in this matter. Being at school every day really does make such a difference to life outcomes in the future.

Have a great weekend all

Niki Ambrose

Headteacher's Award

















Stars of the Week

Cape Class

Whole Class

For settling in so well. We are SO proud of you all!

Gwithian Class

Mia

For always using such lovely manners and being so smiley.

Godrevy Class

Oakley

For being an amazing role modal to his peers.

Porthcurno Class

Phoebe

For being so helpful and kind in supporting her peers.

Sennen Class

Fred

For settling in, fitting in and mostly for working brilliantly hard!

Corey for making such a positive start to Sennen Class!

Polzeath Class Summer S Millie-Mae For doing amazing work!

For doing amazing work all week!

Porthmeor Class

Casper

For settling in amazingly to his new classroom and communicating so well!

Porthminster Class

Ella

For her fantastic reading! We are all SO proud of you!

Attendance

Our school target for attendance is 97%

Monday September 8th - Friday 12th September 2025

1st Place: Cape 100%

2nd Place: Sennen 99.64%

3rd Place: Porthmeor 98.44%

"If your child is absent from school without authorisation, you will be committing an offence under the Education Act 1996. We may submit a request to Cornwall Council for a Penalty Notice to be issued, in accordance with Sections 444A and 444B of the said Act. Penalty Notices are issued per liable parent, per child and each carry a fine of £80 if paid within 21 days or £160 if paid after this but within 28 days. Failure to pay the Penalty Notice may result in legal action. Absence not authorised by the school may result in a prosecution in the Magistrates' Court under Section 444(1) or Section 444(1A) of the Education Act 1996, leading to a fine of up to £2,500 and/or a custodial sentence.

Cornwall Council may also apply for the costs incurred in taking the matter to Court.

Breakfast Club

Our Breakfast Club is open from 7:45am and costs £3.00 per session for your first child and then £1.50 for 2nd child (and any further siblings)

If you are entitled to Free Schools or Pupil Premium the cost of Breakfast Club is £2 for your first child and £1 for 2nd child (and any other further siblings

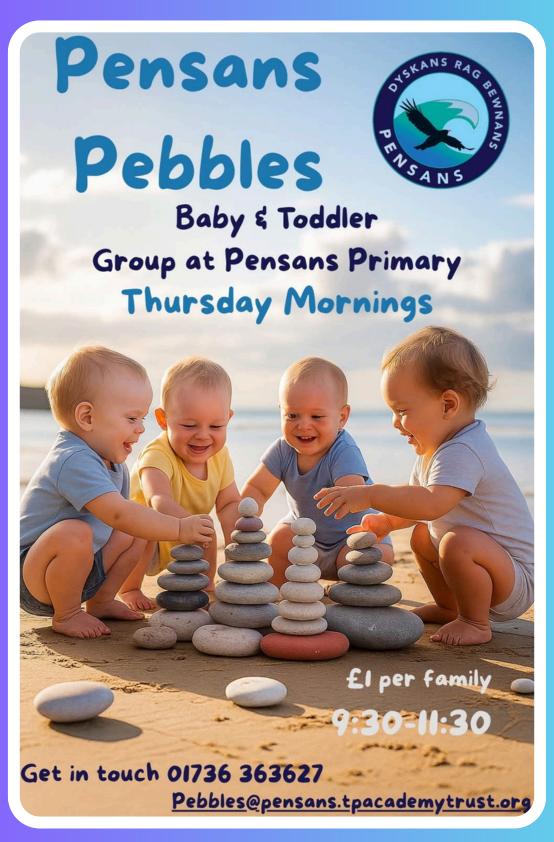
Any children who are on the school site unsupervised before 8:30am will join the Breakfast Club Children and you will be charged accordingly. This will happen to ensure that we are safeguarding all of your children.







Nursery Provision £8 per hour for 2 year olds £6 per hour for 3 year olds



Join us for coffee! Pensans School Friday 19th September 99m - 119m

Meet old friends, make new friends, or just pop in for a chat.

Sian Miles, Pastoral Lead, Nikki Cooper, Senior Family Worker



What Parents & Educators Need to Know about **CONSPIRACY THEORIES**

Conspiracy theories are false or misleading beliefs that explain events as secret plots, often involving powerful groups. While once fringe, they are now more accessible through digital media, online influencers and because of algorithmic recommendations. The DfE guidance document, 'Keeping Children Safe in Education' (KCSIE) explicitly recognises conspiracy theories as potential content risks. This guide will help parents and educators understand the risks, spot the signs, and build children's resilience to conspiracy theories.

WHAT ARE THE RISKS?

UNDERMINING TRUST

Conspiracy theories can lead children and young people to distrust democratic institutions and British Values, teachers, and even their own families and loved ones. This erosion of trust makes young people more vulnerable to extremist narratives by isolating them from reliable sources of information.

ONLINE ALGORITHM

Social media platforms can often recommend sensationalist content. Once a child engages with one conspiracy-themed video or post, algorithms push more of the same, thereby creating an echo chamber that can intensify their beliefs.

MENTAL HEALTH IMPACT

GATEWAY TO EXTREMISM

Conspiracy theories can often overlap with extremist ideologies. Narratives that blame specific groups, such as politicians, scientists, or particular ethnic groups, can groom children in ways that foster hate, bigotry, and radicalisation.

CONFLICT WITH PEERS

Belief in conspiracy theories can lead to isolation or conflict at school. Children may struggle with peer relationships if they express these beliefs or become distrustful of others who disagrees constitutes can be seen to be considered to the see result in a strengthening of the belief in the conspiracy theory.

ERODED CRITICAL THINKING

Young people influenced by conspiracies may reject evidence-based learning. This risks undermining their academic progress and weakening their ability to think critically, assess risks, or engage in healthy debate.

Exposure to frightening conspiracy content, such as global plots, viruses, or government control, can fuel feelings of anxiety, paranoia, or hopelessness. For some young people, it can trigger prolonged distress or obsessive thinking

I WANT TO BELIE

Advice for Parents & Educators

CREATE SAFE CONVERSATIONS

Don't mock or dismiss any questions that children and young people ask about conspiracy theories. Instead, create open, judgement-free spaces to talk. This strengthens trust and makes it more likely they will confide in you.

PROMOTE CRITICAL THINKING

Teach young people how to assess information critically. Encourage them to ask appropriate questions, such as: Who is telling me this? What evidence is there? What do other trusted sources say? Use real examples from current media to explain your answers and reasoning

MONITOR DIGITAL BEHAVIOUR

Be aware of the content children are accessing, especially on platforms such as TikTok, YouTube, or Reddit. Use parental controls, but more importantly, maintair ongoing dialogue about online experiences and influencers.

REINFORCE RELIABLE SOURCES

Point children toward trustworthy and reliable sources of news and information in a variety of formats tailored to the young person's age Build habits of verifying facts using reliable sources, and teach them how to spot misleading content.



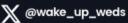
Meet Our Expert

Brendan O'Keeffe is a headteacher and digital education consultant with over a decade of experience in education. As Director of Digital Strategy across multiple schools and an advisor to The National College, he specialises in digital safety, PREVENT,



National College®

Source: See full reference list on guide page at: https://nationalcollege.com/guides/conspiracy-theories







(O) @wake.up.wednesday



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SPACE

Supporting parents and children emotionally

SPACE is a new **free** programme for **any parent or carer** who wants to better understand and support their children's emotions, as well as their own.

This 5 session, face to face programme will cover:

- Understanding what is meant by a Trauma Informed approach
- Understanding toxic stress and the flight/fight response
- Practical approaches to support children to regulate their emotions
- Healthy coping strategies for dealing with stress

- Managing different emotions
- Understanding behaviour
- Building resilience in ourselves and our children
- Adopting appropriate expectations of children
- Enhancing your ability to provide nurturing care

The SPACE course will be presented by Siân Miles, Pastoral & Safeguarding Lead,& Mel Berryman, Family Support Worker.

Pensans School - between 9-11am Dates:Friday 7th November; Friday 14th November; Friday 21st November; Friday 28th November; Friday 5th December



To register your interest or find out more, please email smiles@pensans.tpacademytrust.org or call 01736 363627









